

MTSS/PBIS Tier 2 VIRTUAL Leadership Academy
Resilience Education Program REP
Addressing Students At-Risk for Internalizing Behaviors
Cognitive-Behavioral Instruction **CBI**
Check-in Check-out **CICO**
Resilient Families **RF**



Day 1 September 15, 2022

REP Systems & CICO Critical Features

Resilience Education Program



- Explore a promising practice for students experiencing early symptoms of internalizing behavior concerns built upon three major components: CBI, CICO, and RF
[Kilpatrick et al., 2021 \(REP\).pdf | Powered by Box](#)
- Identify systems guidance and implementation readiness
- Review and refine the seven essential features of CICO and CICO adaptations

Day 2 September 22, 2022

REP Cognitive-Behavioral Instruction (Elementary and Secondary)

Resilience Education Program



- Participate in simulation activities focusing on key coping and problem-solving skills
- Practice co-leading skill groups for managing strong emotions, addressing negative thoughts and problem solving challenging social and academic situation

Day 3 September 29, 2022

REP Resilient Families & Data-based Decision Making

Resilience Education Program



- Co-create family partnerships and resources for supporting student's emotions and behavior in the home
- Design a team-based data decision making process to evaluate REP integrity and student impact

8:30 a.m. to 12:30 p.m. Pacific Time

Cost: \$300.00

- Appropriate for Advanced Tiers Intervention **Coordinators, Coaches, Counselors and School-based Mental Health Specialist** interested in adapting and sustaining capacity for existing Check-in Check-out (CICO) interventions.

Materials

Participants will receive the following materials via a collaboration space on Google:

- 📁 Tier 2 Leadership Academy Workbook, PowerPoint Slide Decks & Recordings
- 📁 Cognitive-Behavioral Instruction Curriculum Manual (Elementary & Secondary)
- 📁 Cognitive-Behavioral Instruction Student Workbook (Elementary & Secondary)
- 📁 Resilient Families Handbook
- 📁 REP Systems Level Guidance Checklist
- 📁 REP Integrity Protocol

Method of Delivery

- 📁 The **MTSS/PBIS Tier 2 VIRTUAL Leadership Academy – Resilient Education Program** will be presented using Zoom over a 3-week period with a four-hour webinar per week.
- 📁 Prior to this event, you will receive an email with everything you need for participation including the Zoom meeting login information and a link to a collaboration space on Google. **If you do not receive this email by September 12, 2022, please contact cristy@pbiscaltac.org**

REGISTRATION

Credit Card Registration

Personal and District credit card registration using PayPal platform.
(No PayPal account required)

<https://form.jotform.com/221486821396160>

Group Invoice Registration (5+ participants)

Please contact barbara@pbiscaltac.org for registration link.



This event is hosted by the California Technical Assistance Center on Positive Behavioral Interventions and Supports. Our VISION is to support the implementation, sustainability and co-creation of safe, equitable, preventive and positive educational transformation addressing the **social, emotional and behavioral** (SEB) wellness of educators, students, families and communities through a Multi-Tiered System of Supports-Behavior (MTSS-B) framework.